



Medical Retina Imaging Clinic

Information for patients from the Ophthalmology Department

Thank you for coming to your appointment today in the Eye Department.

What happens now?

Your scans and photographs will be checked by a retinal specialist within the next few days, and you will be contacted with the results. This may be by letter or by telephone. Your results will tell you what was seen and any recommendations made by the specialist. A copy of your results letter will be sent to you and your GP.

If needed, a further clinic appointment will be made for you.

What do I need to know about my dilation eye drops?

The eye drops, Tropicamide 1%, are given to you to dilate (open up) your pupils. The following are normal reactions to the dilating drops.

- Blurred vision and sensitivity to bright light (you may find it helpful to wear sunglasses after your appointment).
- Temporary stinging and a dry mouth after having the eye drops.
- The effects of the drops can last between two and four hours, but can be up to six hours. You should not drive or operate heavy machinery until your sight returns to normal and your eyes are comfortable.

If you have any of the following reactions / symptoms, go to your local Emergency Department or GP immediately

Very rarely, the drops can cause a sudden, dramatic rise in pressure within your eye (known as acute glaucoma), which will need to be treated quickly in an eye unit. The symptoms of this may include:

- pain or severe discomfort in your eyes, with a redness of the white in your eyes
- constantly blurred sight, sometimes with rainbow halos around lights; and
- nausea (feeling sick) and vomiting.

This leaflet has been produced with and for patients.

Please let us know:

- If you have any accessibility needs; this includes needing a hearing loop or wanting someone to come with you to your appointment.
- If you need an interpreter.
- If you need this information in another format (such as Braille, audio, large print or Easy Read).

You can let us know this by:

- Visiting the Trust web site (<https://www.ekhuft.nhs.uk/ais>).
- Calling the number at the top of your appointment letter.
- Adding this information to the Patient Portal (<https://pp.ekhuft.nhs.uk/login>).
- Telling a member of staff at your next appointment.

Any complaints, comments, concerns or compliments, please speak to a member of your healthcare team. Or contact the Patient Advice and Liaison Service on 01227 783145 or email (ekh-tr.pals@nhs.net).

Patients should not bring large sums of money or valuables into hospital. Please note that East Kent Hospitals accepts no responsibility for the loss or damage to personal property, unless the property has been handed into Trust staff for safe-keeping.

Further patient information leaflets are available via the East Kent Hospitals' web site (<https://www.ekhuft.nhs.uk/patient-information>).

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