



How will my GP and midwife know I have had a miscarriage / ectopic?

Information for women, birthing people, and their families

We understand that losing a pregnancy through either miscarriage or an ectopic, is a very distressing time for women or birthing people and their partners. Our aim is to support you through this stressful time, by providing emotional support and by keeping your GP and midwife informed on your behalf.

How will the hospital let my GP and midwife know about my loss?

- We will do this by writing to your GP after every visit to the hospital.
- We will also send your midwife a notification form, to let them know about your pregnancy loss. If you know the name of your midwife, please tell the nursing staff where you are being treated; this will help us to get the message to your midwife sooner. If you do not know the name of your midwife, do not worry as a form will be sent to our Midwife Liaison Team to find this information out and tell your midwife directly.
- We will also tell the ultrasound and outpatient departments of your sad news, to make sure that any appointments that may have been made for you in this pregnancy are cancelled. This will not affect any non-pregnancy related appointments that you may have booked.

What if I have any concerns or need to speak with someone?

If you wish to speak to your midwife about your miscarriage, you can contact them on the numbers given to you at your booking appointment. If you have any questions regarding your pregnancy loss, please feel free to contact one of our Early Pregnancy Assessment Units (contact details below) and speak to one of our specially trained nurses. The Trust has also produced a leaflet for women, birthing people, and their partners Useful contacts following loss of a pregnancy ([/useful-local-contacts-following-loss-of-a-pregnancy](#)).

I've received a letter about a scan, what should I do?

Unfortunately on rare occasions, the notification of miscarriage form sent to your midwife and Ultrasound Department may arrive after a letter or appointment has already been sent out to you. We apologise if you

receive such a letter, as we know it can be an upsetting reminder of your pregnancy loss. If you receive a letter, do not go to the appointment, but please contact any of the Early Pregnancy Assessment Units on the numbers listed below and our staff will make sure that all the relevant departments are contacted on your behalf.

Contact details

If you have any questions or concerns regarding the issues raised in this leaflet, please contact either of our Early Pregnancy Assessment Units to discuss your concerns with a nurse.

Early Pregnancy Assessment Units

- Queen Elizabeth the Queen Mother (QEQM) Hospital, Margate
Telephone: 01843 234469
- William Harvey Hospital, Ashford
Telephone: 01233 616107

This leaflet has been produced with and for patients.

Please let us know:

- If you have any accessibility needs; this includes needing a hearing loop or wanting someone to come with you to your appointment.
- If you need an interpreter.
- If you need this information in another format (such as Braille, audio, large print or Easy Read).

You can let us know this by:

- Visiting the Trust web site (<https://www.ekhuft.nhs.uk/ais>).
- Calling the number at the top of your appointment letter.
- Adding this information to the Patient Portal (<https://pp.ekhuft.nhs.uk/login>).
- Telling a member of staff at your next appointment.

Any complaints, comments, concerns or compliments, please speak to a member of your healthcare team. Or contact the Patient Advice and Liaison Service on 01227 783145 or email (ekh-tr.pals@nhs.net).

Patients should not bring large sums of money or valuables into hospital. Please note that East Kent Hospitals accepts no responsibility for the loss or damage to personal property, unless the property has been handed into Trust staff for safe-keeping.

Further patient information leaflets are available via the East Kent Hospitals' web site (<https://www.ekhuft.nhs.uk/patient-information>).

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