



East Kent  
Hospitals University  
NHS Foundation Trust

# Your pre-assessment appointment

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## Information for patients

Your appointment letter will tell you the date and time of your pre-assessment appointment. This is not the date of your operation.

If you have one, bring your My Healthcare Passport to this appointment. Show your passport to the nurse or health care assistant.

You can bring someone with you to this appointment. Choose someone who knows you well. They can help you answer any questions about your health.

When you arrive at hospital, show the receptionist your appointment letter.

You will be asked to check your name, address, and date of birth are correct. Ask for help if you need to.

## Text only

A health care assistant or nurse will take you to a clinic room. If you want, your friend or carer can come into the clinic room with you.

The member of staff will check your:

- blood pressure
- heart rate; and
- height and weight.

They will take swabs from your nose and groin. The swab is taken with a cotton wool bud. Your groin is at the top of your leg. You will need to take your trousers or tights off, but not your underwear.

You may also have:

- a blood test; or
- an ECG.

Each test will be explained to you. If you are worried or you have questions, please tell the member of staff.

After your tests, a nurse will tell you about your operation. Ask them any questions you may have. Tell the nurse if you are worried.

The nurse will ask you about your health and any medicines you take. Bring all your medicines in their boxes (or a list of them) to this appointment.

Tell the nurse if you have any allergies.

The nurse will give you a leaflet about:

- how to get ready for your operation
- what will happen on the day of your operation.

Tell the nurse if you are worried or have any questions.

You may want a tour of the department before your surgery. If you would like a tour, please speak to the nurse.

You may see an anaesthetist at this appointment. This is the doctor who will put you to sleep for your operation. Ask them any questions you may have. Tell them if you are worried

If you have any questions or worries at home, please phone the hospital. The hospital's phone number is on your appointment letter.

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Our Patient Advice and Liaison Service (PALS) can help you.

You can ask a question or tell them if you are unhappy about something.

Phone: 01227 78 31 45 The team can phone you back.

Email: [ekh-tr.pals@nhs.net](mailto:ekh-tr.pals@nhs.net)

Post: Patient Advice and Liaison Service (PALS)  
Trust Offices Kent and Canterbury Hospital  
Ethlebert Road, Canterbury  
CT1 3NG

Created together with people with a communication need, the  
experts by experience