

# Your pre-assessment appointment

## Information for patients

Dear Lina,

Clinic: Pre-assessment appointment  
On: Tuesday 18th April 2023  
Report to: Day Surgery K&C  
At: Kent and Canterbury Hospital

Kind regards,  
Consultant's Secretary



- The date and time of your pre-assessment appointment is on your appointment letter.
- **This is not the date of your operation.**

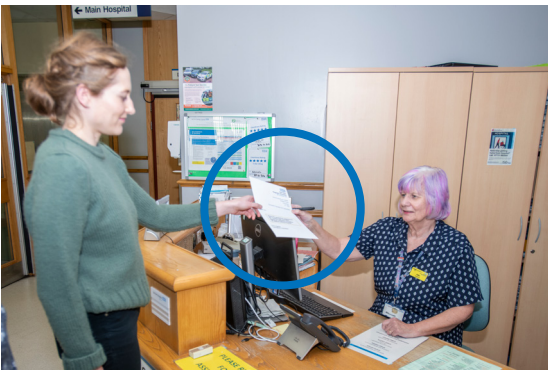


- If you have one, bring your **My Healthcare Passport** to this appointment.
- Show your passport to the nurse or health care assistant.

Easy Read



- You can bring someone with you to this appointment.
- Choose someone who knows you well.
- They can help you answer questions about your health.



- When you arrive at hospital, show the receptionist your appointment letter.

OR



- Your appointment details may be on your phone.



- You will be asked to check your
  - name
  - home address
  - date of birth.
- You can ask for help if you need to.

## blood pressure and heart rate



- A health care assistant or nurse will take you to a clinic room.
- **Your friend or carer can come into the clinic room with you.**

## height and weight



- The member of staff will check your
  - blood pressure
  - heart rate
  - height and weight.

## a blood test



- You may have:
  - a blood test; or
  - an E.C.G

## an E.C.G

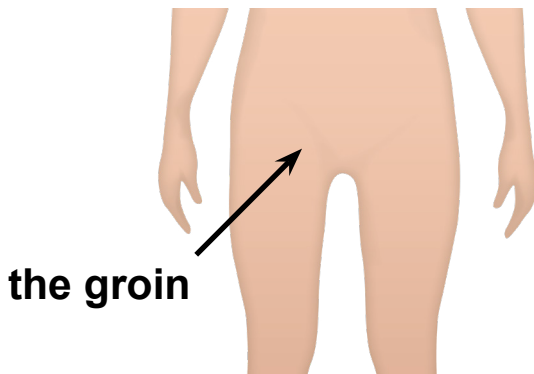


- You may also be asked to give a urine sample.

### nose swab



- Swabs will be taken from your nose and groin.
- Swabs are taken with a cotton wool bud.



the groin

- Your groin is at the top of your leg.
- **If you are wearing trousers** you will need to open them to take the groin swab.
- **If you are wearing tights** you will need to lower them to take the groin swab. You keep your underwear on.

- The member of staff will tell you what will happen with each test.
- Tell them if you are worried or you have any questions.

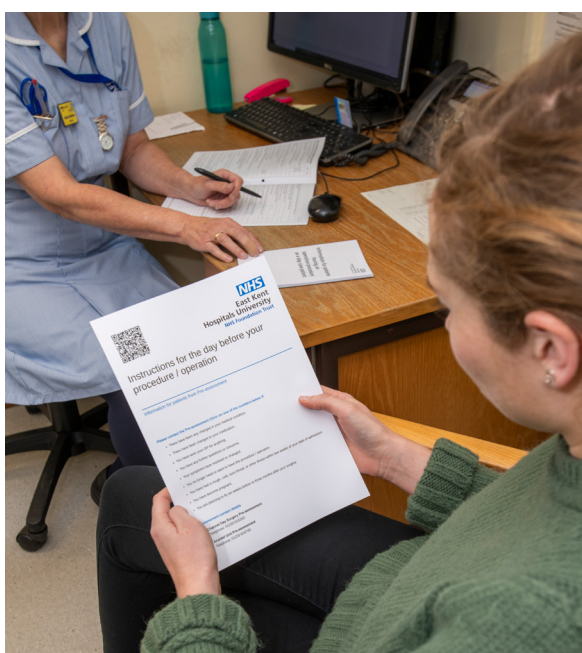




- After your tests, a nurse will tell you about your operation.
- Tell them if you are worried or have any questions.



- The nurse will ask you about your health and any medicines you take.
- Show the nurse all your medicine boxes, or give them a list of all the medicines you take.
- Tell the nurse if you have any allergies.



- The nurse will give you a leaflet about:
  - how to get ready for your operation
  - what will happen on the day of your operation.
- Tell the nurse if you are worried or have any questions.



- You may want a tour of the department before your surgery.
- If you would like a tour, please speak to the nurse.



- You may see an anaesthetist at this appointment.
- This is the doctor who will put you to sleep for your operation.
- Ask them any questions you may have.
- Tell them if you are worried.



**NHS**  
East Kent  
Hospitals University  
NHS Foundation Trust

Kent & Canterbury Hospital  
Canterbury Road  
Canterbury  
CT1 3NG

01227 123456

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Consultant's Secretary

- If you have any questions or worries, please phone the hospital.
- The hospital's phone number is on your appointment letter.



## Our Patient Advice and Liaison Service (PALS) can help you.

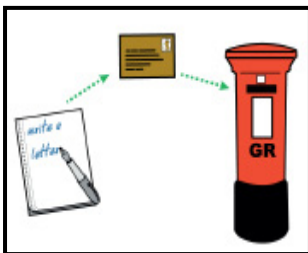
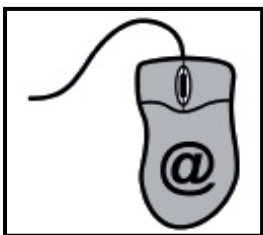
You can ask a question or tell them if you are unhappy about something.

- **Phone:** 01227 78 31 45

The team can phone you back.

- **Email:** [ekh-tr.pals@nhs.net](mailto:ekh-tr.pals@nhs.net)

- **Post:** Patient Advice and Liaison Service (PALS), Trust Offices  
Kent and Canterbury Hospital  
Ethlebert Road, Canterbury  
CT1 3NG



**Created together with people with a communication need,  
the experts by experience**

