

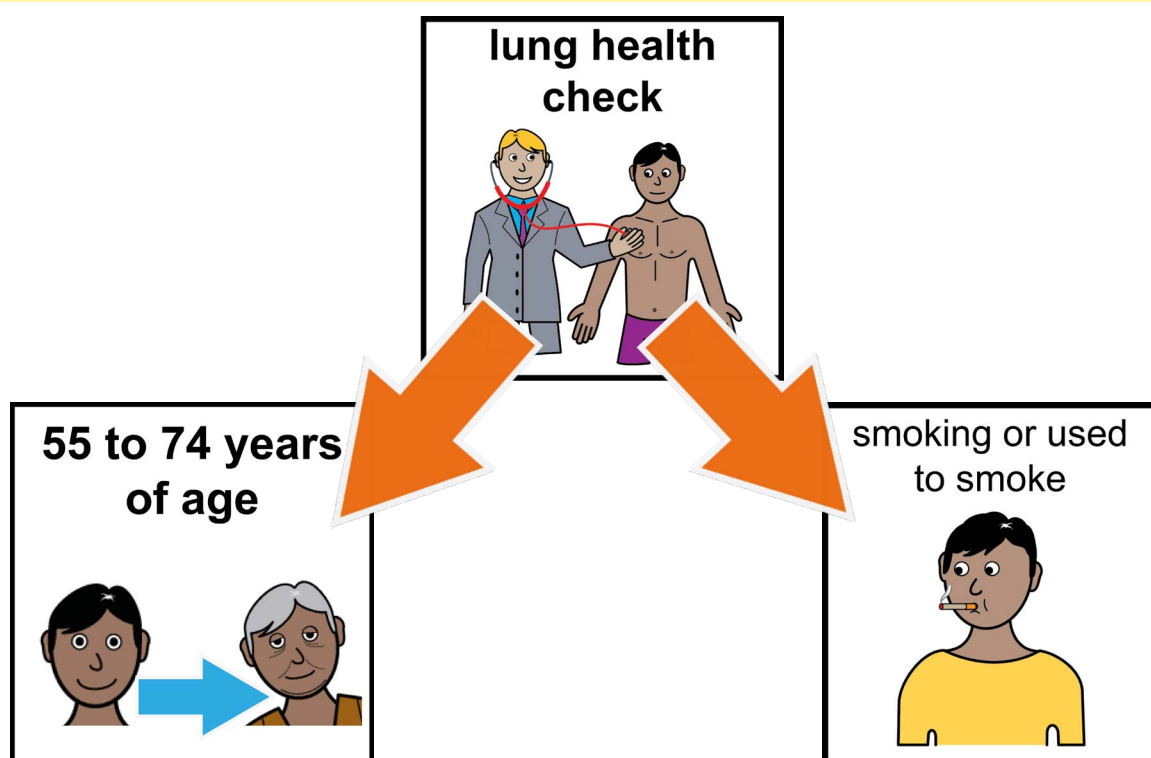
Your lung health check

Information for patients

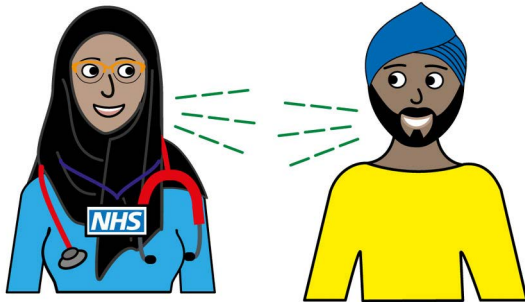
The NHS have invited you for a lung health check because:

- you are 55 to 74 years old, and
- you smoke or used to smoke.

Please read this leaflet. This appointment is important.



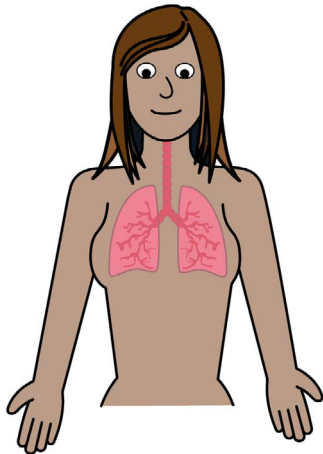
Speak to your GP



If you have any questions, please talk to your GP.

Please follow this link for more information: www.kentandmedwaycanceralliance.nhs.uk

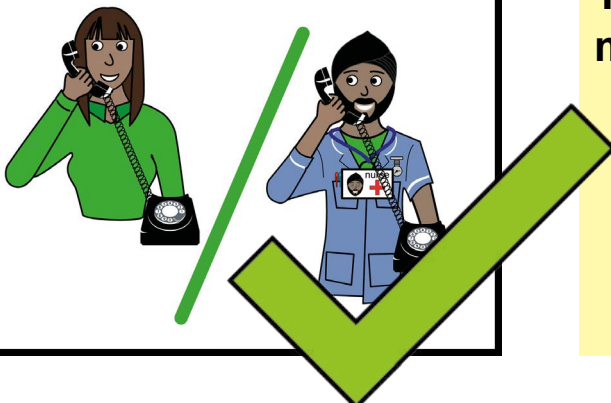
lungs



A lung health check will check how well your lungs are working.

It will also help find problems early, sometimes before you notice anything is wrong.

important appointment



This appointment is very important.

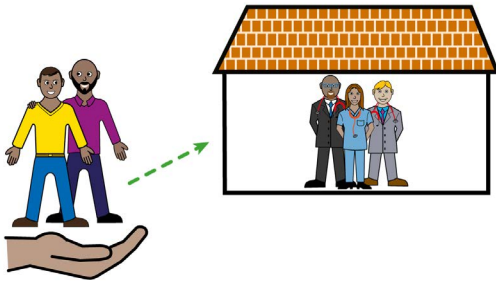
The earlier we find a problem, the more easy it is to treat.

talk in person

First appointments are with a nurse over the phone.

If you want to have your appointment in person, please let us know.

Our contact details are on page 5 of this leaflet.

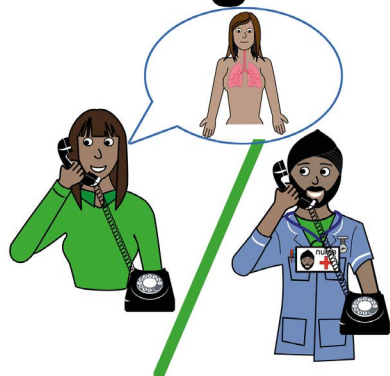
bring someone with you

You can bring a friend, family member or carer to your appointment.

30 minutes

The appointment takes about 30 minutes.

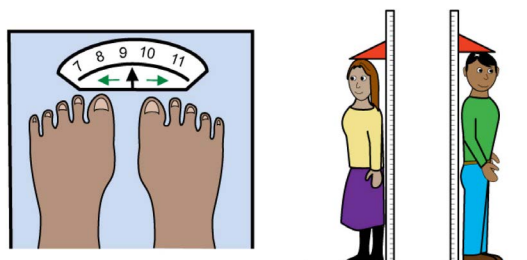
talk about your lungs



The nurse will ask you questions about your smoking and your health.

They will also ask about your family's health.

weight and height measurements



The nurse will ask you how tall you are and what you weigh.

Make sure you have this information ready for your appointment.



The nurse may talk to you about having a lung scan. A lung scan will check for early signs of lung cancer.

If you decide to have a lung scan, the date and time of the scan will be sent to you by post or email.

**tell the nurse if
you are worried**



Please ask the nurse any questions.

If you are worried, please tell the nurse.

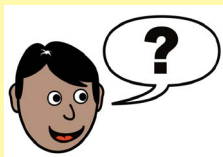
For more information on Lung Health Check-Ups

Web: www.nhs.uk/conditions/lung-health-checks

Telephone: 01304 222 644

Email: england.kmcanceralliance@nhs.net

Do you have any questions you would like to ask your doctor or nurse? If so, you can write them here.





Our Patient Advice and Liaison Service (PALS) can help you.

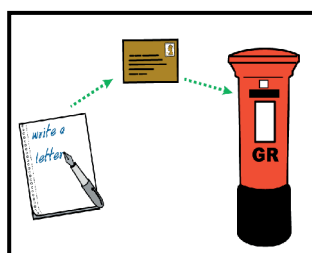
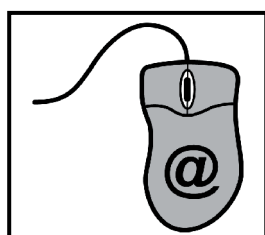
You can ask a question or tell them if you are unhappy about something.

- **Phone:** 01227 78 31 45

The team can phone you back.

- **Email:** ekh-tr.pals@nhs.net

- **Post:** Patient Advice and Liaison Service (PALS), Trust Offices
Kent and Canterbury Hospital
Ethlebert Road, Canterbury
CT1 3NG



**Created together with people with a communication need,
the experts by experience**

