

Further help and support

- **Breast Cancer Now**

Telephone: 0808 800 6000

Web: breastcancernow.org

Breast Cancer Now is a charity that is steered by world-class research and powered by life-changing care. They are here for anyone affected by breast cancer, the whole way through, providing support for today and hope for the future. Their website has forums and information booklets to order or download, in various formats including video, audio, and other languages. They also provide the following services and support.

- Helpline support
- Support from their Someone Like Me Service and Partners Service
- The Moving Forward Course
- A wide range of support, fundraising, and volunteer events
- BECCA App for information and support ideas

- **Macmillan Cancer Support**

Helpline: 0808 80 800 00 (7 days a week; 8am to 8pm)

Web: www.macmillan.org.uk

Macmillan Cancer Support offer emotional, physical, and financial support from the moment you are diagnosed, through your treatment, and beyond. Macmillan offer information about all types of cancer, including diagnosis, treatment, and drugs, as well as advice to help with the different ways cancer may impact your life. Visit the Macmillan web site for the following information and support.

- Online chat (7 days a week; 8am to 8pm)
- Email for advice and support (they aim to respond within two working days)
- Online community forums
- Information booklets to order or download
- Information available in video, audio, and other languages
- Where to find information and support groups in your area
- Details on fundraising events and campaigns
- Details of how you can be part of the Macmillan team

There are many other support services available, please contact your Breast Care Team via the Cancer Care Line for more information.

Cancer Care Line Telephone Number: 01227 86 86 66

If you would like this information in **another language, audio, Braille, Easy Read, or large print** please ask a member of staff. You can ask someone to contact us on your behalf.

Any complaints, comments, concerns, or compliments please speak to your doctor or nurse, or contact the Patient Advice and Liaison Service (PALS) on 01227 78 31 45, or email ekh-tr.pals@nhs.net