

# Having a Nasogastric (NG) Tube

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Information for patients

Sometimes when you are really ill you cannot swallow normally.

If this happens while you are in hospital, a tube can be used to give you food, drink, and medicine safely. This is called an NG Tube.

An NG Tube is a bendy tube, made of plastic or rubber.

The tube goes up your nose, down your throat, and into your tummy.

Food, drink, and medicine goes through the tube straight into your tummy.

Your nurse will put the tube up your nose. This should not hurt, but may feel uncomfortable. You might sneeze and feel sick. This will not last long. If it does hurt, tell your nurse to stop.

**Text only**



Your nurse will put a plaster on your cheek and nose. The plaster holds the tube in place.

You must not remove your NG Tube yourself. If you pull it out, you may need to have another one put in.

Your nurse will remove the tube when you no longer need it.

Speak to your nurse if you have any questions.

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Our Patient Advice and Liaison Service (PALS) can help you.

You can ask a question or tell them if you are unhappy about something.

Phone: 01227 78 31 45 The team can phone you back.

Email: [ekh-tr.pals@nhs.net](mailto:ekh-tr.pals@nhs.net)

Post: Patient Advice and Liaison Service (PALS)  
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Created together with people with a communication need, the experts by experience