

# Coming to hospital for a blood test

---

## Information for patients

Your hospital doctor or GP has said that you need a blood test at the hospital.

You will need to book an appointment to have your blood test.

You can do this by:

- phoning the hospital on 01227 206739, or
- using the hospital web site [www.ekhuft.nhs.uk/bloodtests/](http://www.ekhuft.nhs.uk/bloodtests/)

You can bring someone with you to your appointment.

Bring your hospital passport to your appointment as well.

**Text only**



When you arrive at the hospital, look for one of these signs.

- Pathology (Blood Tests), or
- Phlebotomy (Blood Tests)

If you have any problems, ask a member of staff.

Sit in the waiting area. A nurse will call your name.

The nurse will take you into a clinic room.

Give the nurse:

- the form your doctor has given you, or
- the code sent to you on your phone.

You will be asked to sit in a chair. The nurse will ask your name and date of birth.

Please let the nurse know if you are worried.

The nurse will place a strap around the top of your arm. This will be tight, but it will not hurt.

The nurse will clean the area.

The nurse may ask you to make a fist with your hand.

The nurse will tell you when they are going to take your blood. You will feel a quick scratch.

You can ask the nurse to numb your skin with a spray, so you do not feel the scratch.

After your blood has been taken, the nurse will put cotton wool and tape over your wound.

You can leave the hospital now.

Your results will be sent to your GP or hospital doctor. This is the doctor who sent you to the hospital for your blood test.

This doctor will talk to you about your test results.

---

Our Patient Advice and Liaison Service (PALS) can help you.

You can ask a question or tell them if you are unhappy about something.

Phone: 01227 783145 The team can phone you back.

Email: [ekh-tr.pals@nhs.net](mailto:ekh-tr.pals@nhs.net)

Post: Patient Advice and Liaison Service (PALS)  
Trust Offices Kent and Canterbury Hospital  
Ethlebert Road, Canterbury  
CT1 3NG

Created together with people with a communication need, the  
experts by experience