

Coming to hospital for a blood test



Your hospital doctor or **GP** has said that you need a blood test at the hospital.



You will need to **book an appointment** to have your blood test.

You can do this by:

- **phoning the hospital** on 01227 206739

or

- using the **hospital web site** www.ekhuft.nhs.uk/bloodtests



Easy Read





You can **bring someone with you to your appointment.**

If you have one, bring **your hospital passport** to your appointment as well.

Pathology (Blood Tests)



When you arrive at the hospital, **look for one of these signs.**

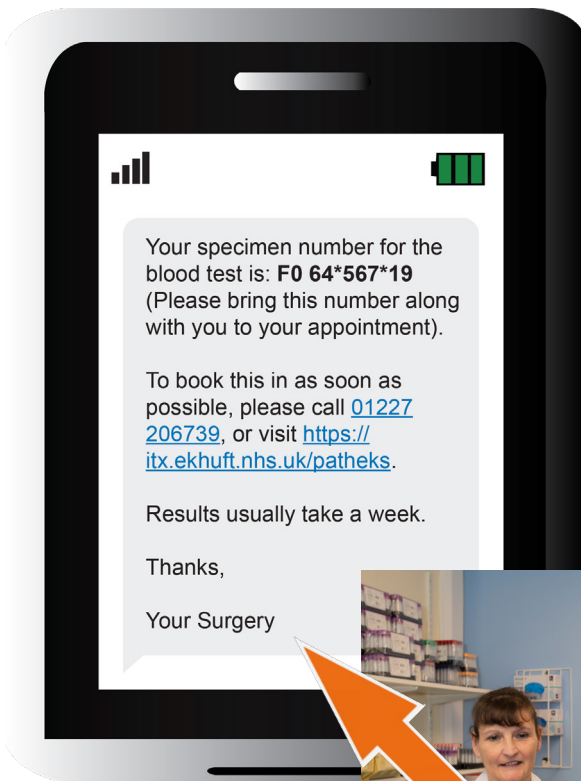
- **Pathology (Blood Tests)**
- or
- **Phlebotomy (Blood Tests)**

If you have any problems, ask a member of staff.



Sit in the waiting area.

A nurse will call your name.



The nurse will take you into a **clinic room**.

Give the nurse:

- the form your doctor has given you, or
- **the code sent to you on your phone.**



You will be asked to sit in a chair.

The nurse will ask your name and date of birth.

Please let the nurse know if you are worried.



The nurse will place a **strap around the top of your arm.**

This will be tight, but it will not hurt.



The nurse will **clean the area**.



The nurse may ask you to **make a fist with your hand**.



The nurse will tell you when they are going to **take your blood**.

You will feel a quick scratch.



You can ask the nurse to **numb your skin with a spray**, so you do not feel the scratch.



After your blood has been taken, the nurse will put **cotton wool and tape over your wound.**



You can **leave the hospital** now.



Your results will be sent to your GP or hospital doctor. This is the doctor who sent you to the hospital for your blood test.

This doctor will talk to you about your test results.

Do you have any questions you would like to ask your doctor or nurse? If so, you can write them here.



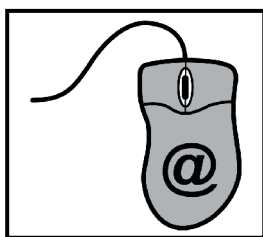


Our Patient Advice and Liaison Service (PALS) can help you.

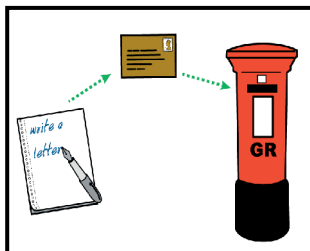
You can ask a question or tell them if you are unhappy about something.

- **Phone:** 01227 78 31 45

The team can phone you back.



- **Email:** ekh-tr.pals@nhs.net



- **Post:** Patient Advice and Liaison Service (PALS), Trust Offices
Kent and Canterbury Hospital
Ethlebert Road, Canterbury
CT1 3NG

**Created together with people with a communication need,
the experts by experience**

