



# Useful local contacts following loss of a pregnancy

## Information for women and their families

**Kent and Canterbury Hospital  
Canterbury**

**William Harvey Hospital  
Ashford**

**Queen Elizabeth the  
Queen Mother (QEQM)  
Hospital Margate**

**Buckland Hospital  
Dover**

**Royal Victoria Hospital  
Folkestone**

### We are sorry to hear that you have lost your baby

While you are in hospital, your named carer will be able to offer you support. Once you have gone home you may be supported by close family and friends, but for some people, support outside your family unit may be needed to help you make sense of your feeling and in time, come to terms with your loss.

#### 1. Hospital Chaplains

William Harvey Hospital

Tel: 01233 63 33 31 extension 723-8014

Queen Elizabeth the Queen Mother Hospital

Tel: 01843 23 42 73

#### 2. Miscarriage Association will put you in contact with local support contacts.

Telephone: 01924 20 07 99

Web: [www.miscarriageassociation.org.uk/](http://www.miscarriageassociation.org.uk/)

#### 3. A.R.C. (Antenatal Results and Choices)

Telephone: 020 76 31 02 85

Telephone: 020 76 31 02 80

Web: [www.arc-uk.org/](http://www.arc-uk.org/)

#### 4. Ectopic Pregnancy Trust

Telephone: 01895 23 80 25

Web: [www.ectopic.org.uk/](http://www.ectopic.org.uk/)



**5. SANDS (Stillbirth and Neonatal Death Society)**

Telephone: 07547 19 57 91 (mobile)

Web: [www.sands.org.uk](http://www.sands.org.uk)

The Ashford group meets on the third Wednesday of the month and the Thanet group on the second Wednesday of the month.

**6. Child Bereavement UK** will help you find local services and provide information.

Telephone: 0800 02 88 84 0

Web: [www.childbereavementuk.org/](http://www.childbereavementuk.org/)

**7. Ashford Counselling Centre**

Telephone: 01233 61 00 83

Web: [www.ashfordcounselling.org.uk/](http://www.ashfordcounselling.org.uk/)

**8. Dover Counselling Centre**

Telephone: 01304 20 41 23

Web: [www.dovercc.org.uk/](http://www.dovercc.org.uk/)

**9. Tenterden Counselling Centre**

Telephone: 07769 68 33 47 (mobile)

Web: [www.tenterdencounselling.org.uk/](http://www.tenterdencounselling.org.uk/)

**10. Waymark Trust East Kent Counselling Centre**

Telephone: 01227 78 18 91

**11. New Romney Counselling Centre**

Telephone: 01797 36 78 09

Web: [www.newromneycounsellingservices.co.uk/](http://www.newromneycounsellingservices.co.uk/)

**12. Women's Health Counsellors**

Email: [ekhuft.womenshealthcounsellors@nhs.net](mailto:ekhuft.womenshealthcounsellors@nhs.net)

**This leaflet has been produced with women and their families**

If you would like this information in **another language, audio, Braille, Easy Read, or large print** please ask a member of staff. You can ask someone to contact us on your behalf.

**Any complaints, comments, concerns, or compliments** please speak to your doctor or nurse, or contact the Patient Advice and Liaison Service (PALS) on 01227 78 31 45, or email [ekh-tr.pals@nhs.net](mailto:ekh-tr.pals@nhs.net)

**Patients should not bring in large sums of money or valuables into hospital.** Please note that East Kent Hospitals accepts no responsibility for the loss or damage to personal property, unless the property had been handed in to Trust staff for safe-keeping.

**Further patient leaflets** are available via the East Kent Hospitals web site [www.ekhuft.nhs.uk/patientinformation](http://www.ekhuft.nhs.uk/patientinformation)