

How will my GP and midwife know I have had a miscarriage / ectopic?

Information for women and their families

We understand that losing a pregnancy through either miscarriage or an ectopic, is a very distressing time for women and their partners. Our aim is to support you both through this stressful time, by providing emotional support and by keeping your GP and midwife informed on your behalf.

How will the hospital let my GP and midwife know about my loss?

- We will do this by writing to your GP after every visit to the hospital.
- We will also send your midwife a notification form, to let them know about your pregnancy loss. If you know the name of your midwife, please tell the nursing staff where you are being treated; this will help us to get the message to your midwife sooner. If you do not know the name of your midwife, do not worry as a form will be sent to our Midwife Liaison Team to find this information out and tell your midwife directly.
- We will also tell the ultrasound and outpatient departments of your sad news, to make sure that any appointments that may have been made for you in this pregnancy are cancelled. This will not affect any non-pregnancy related appointments that you may have booked.

What if I have any concerns or need to speak with someone?

If you wish to speak to your midwife about your miscarriage, you can contact them on the numbers given to you at your booking appointment. If you have any questions regarding your pregnancy loss, please feel free to contact one of our Early Pregnancy Assessment Units (contact details on the next page) and speak to one of our specially trained nurses.

The Trust has also produced a leaflet for women and their partners - **Useful contacts following loss of a pregnancy** - which can be found on our web site www.ekhft.nhs.uk/patientinformation



I've received a letter about a scan, what should I do?

Unfortunately on rare occasions, the notification of miscarriage form sent to your midwife and Ultrasound Department may arrive after a letter or appointment has already been sent out to you. We apologise if you receive such a letter, as we know it can be an upsetting reminder of your pregnancy loss. If you receive a letter, do not go to the appointment, but please contact any of the Early Pregnancy Assessment Units on the numbers listed below and our staff will make sure that all the relevant departments are contacted on your behalf.

Contact details

If you have any questions or concerns regarding the issues raised in this leaflet, please contact one of our Early Pregnancy Assessment Units to discuss your concerns with a nurse.

Early Pregnancy Assessment Units

- Kent and Canterbury Hospital, Canterbury
Telephone: 01227 86 43 69
- Queen Elizabeth the Queen Mother Hospital, Margate
Telephone: 01843 23 44 69
- William Harvey Hospital, Ashford
Telephone: 01233 65 19 87

This leaflet has been produced with and for women and their families

If you would like this information in **another language, audio, Braille, Easy Read, or large print** please ask a member of staff. You can ask someone to contact us on your behalf.

Any complaints, comments, concerns, or compliments please speak to your doctor or nurse, or contact the Patient Advice and Liaison Service (PALS) on 01227 78 31 45, or email ekh-tr.pals@nhs.net

Patients should not bring in large sums of money or valuables into hospital. Please note that East Kent Hospitals accepts no responsibility for the loss or damage to personal property, unless the property had been handed in to Trust staff for safe-keeping.

Further patient leaflets are available via the East Kent Hospitals web site www.ekhuft.nhs.uk/patientinformation