

# Coming into hospital for day surgery

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## Information for patients

The date and time of your surgery is on your appointment letter. Show this letter to the Day Surgery receptionist. The receptionist will tell you where to go.

If you have one, bring your My Healthcare Passport to the hospital. Show the Passport to your nurse.

You can bring a family member or carer with you.

A nurse will collect you from the waiting room. They will take you to a small room. Your family member or carer can come with you.

The nurse will give you a gown to wear. Tell staff if you need help changing clothes.

**Text only**



The nurse will:

- ask your name and date of birth
- take your blood pressure and temperature
- ask you about your health.

The nurse will put a band on your wrist. If you have allergies, the band will be red.

A doctor will talk to you about your operation. Ask them any questions you may have. Tell them if you are worried.

The doctor will ask you to sign a consent form. This form says that you agree to have the operation. Make sure you know what is going to happen. If you have questions, ask the doctor.

An anaesthetist will talk to you about the anaesthesia. An anaesthetist is the doctor who gives you the anaesthesia. Tell them if you are worried. The anaesthesia will put you to sleep for your operation.

You may have a small plastic tube placed in the back of your hand. This tube is called a cannula. Medicine is given through the cannula during your operation.

When it is your turn, a nurse will ask you to go to the operating theatre. They will ask you to walk or use your wheelchair. Your family member or carer will be asked to wait for you in the waiting room.

In the operating theatre, you will be asked to lie down on a bed.

Speak to your doctor or nurse if you are worried. They are there to help you.

The anaesthetist will give you medicine to help you sleep. This will be through the cannula, or you may be asked to wear a mask.

Once you are asleep, the anaesthetist will stay with you until you wake up.

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Our Patient Advice and Liaison Service (PALS) can help you.

You can ask a question or tell them if you are unhappy about something.

Phone: 01227 78 31 45 The team can phone you back.

Email: [ekh-tr.pals@nhs.net](mailto:ekh-tr.pals@nhs.net)

Post: Patient Advice and Liaison Service (PALS)  
Trust Offices Kent and Canterbury Hospital  
Ethlebert Road, Canterbury  
CT1 3NG

Created together with people with a communication need, the  
experts by experience