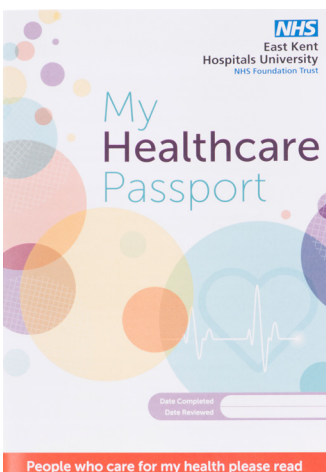


# Coming into hospital for day surgery

## Information for patients



- The date and time of your surgery is on your appointment letter.
- Show this letter to the Day Surgery receptionist.
- The receptionist will tell you where to go.



- If you have one, bring your My Healthcare Passport to the hospital.
- Show the Passport to your nurse.

**Easy Read**





- You can bring a family member or carer with you.



- A nurse will collect you from the waiting room.
- They will take you to a small room.
- Your family member or carer can come with you.



- The nurse will give you a gown to wear.
- Tell staff if you need help changing clothes.



- The nurse will:
  - ask your name and date of birth
  - take your blood pressure and temperature
  - ask you about your health.



- The nurse will put a band on your wrist.
- If you have allergies, the band will be red.



- A doctor will talk to you about your operation.
- Ask them any questions you may have.
- Tell them if you are worried.

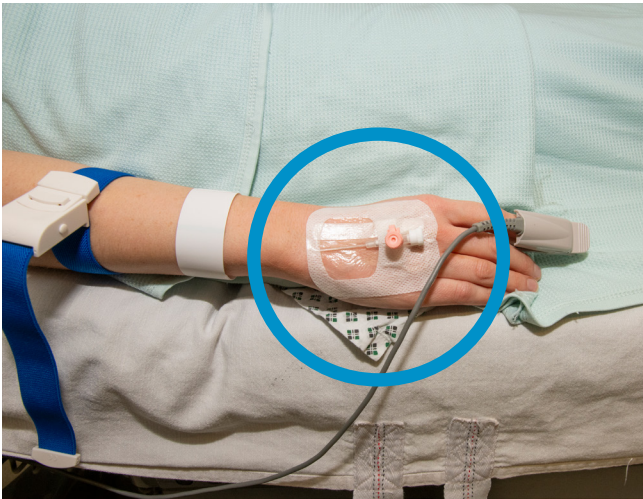




- The doctor will ask you to sign a consent form.
- The form says that you agree to have the operation.
- Make sure you know what is going to happen.
- If you have questions, ask the doctor.



- An anaesthetist will talk to you about the anaesthesia.
- An anaesthetist is the doctor who gives you the anaesthesia.
- Tell them if you are worried.
- The anaesthesia will put you to sleep for your operation.



- You may have a small plastic tube placed in the back of your hand. This tube is called a cannula.
- Medicine is given through the cannula during your operation.



- When it is your turn, a nurse will ask you to go to the operating theatre.
- They will ask you to walk or use your wheelchair.
- Your family member or carer will be asked to wait for you in the waiting room.



- In the operating theatre, you will be asked to lie down on a bed.



- Speak to your doctor or nurse if you are worried.
- They are there to help you.



- The anaesthetist will give you medicine to help you sleep.
- This will be through the cannula, or you may be asked to wear a mask.
- Once you are asleep, the anaesthetist will stay with you until you wake up.

**Do you have any questions you would like to ask your doctor or nurse? If so, you can write them here.**




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## Our Patient Advice and Liaison Service (PALS) can help you.

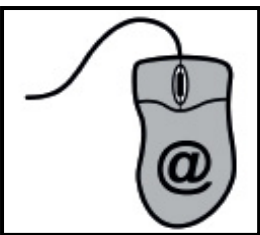
You can ask a question or tell them if you are unhappy about something.

- **Phone:** 01227 78 31 45

The team can phone you back.

- **Email:** [ekh-tr.pals@nhs.net](mailto:ekh-tr.pals@nhs.net)

- **Post:** Patient Advice and Liaison Service (PALS), Trust Offices  
Kent and Canterbury Hospital  
Ethlebert Road, Canterbury  
CT1 3NG



**Created together with people with a communication need,  
the experts by experience**

