

Having a blood test as an inpatient

Information for patients

An inpatient is a patient that stays in hospital for one or more nights.

Your hospital doctor has said that you need a blood test.

Please tell your doctor if you are worried. If you want, you can have a relative or friend with you.

A nurse will come to your bedside to take your blood. They will ask you your name and date of birth. Please let the nurse know if you are worried.

Text only



The nurse will place a strap around the top of your arm. This will be tight, but it will not hurt.

The nurse will feel your arm, to find a good place to take the blood from. This is normally inside your elbow.

The nurse will clean the area where the blood will be taken from.

The nurse may ask you to make a fist with your hand.

The nurse will tell you when they are going to take your blood. You will feel a quick scratch from the small needle.

You can ask the nurse to numb your skin with a spray, so you do not feel the scratch.

After your blood has been taken, the nurse will check your arm. They will put cotton wool and tape over your wound.

Your results will be given to your hospital doctor. This doctor will talk to you about your test results.

Our Patient Advice and Liaison Service (PALS) can help you.

You can ask a question or tell them if you are unhappy about something.

Phone: 01227 78 31 45 The team can phone you back.

Email: ekh-tr.pals@nhs.net

Post: Patient Advice and Liaison Service (PALS)
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Created together with people with a communication need, the
experts by experience