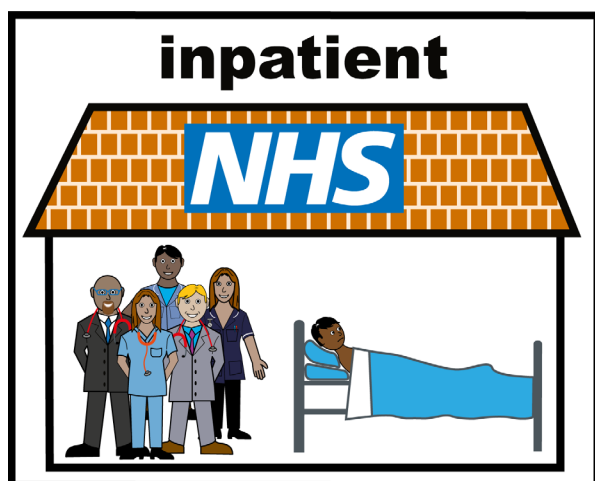


Having a blood test as an inpatient

Information for patients



An **inpatient** is a patient that stays in hospital for one or more nights.



Your **hospital doctor** has said that you need a **blood test**.

Easy Read





Please **tell your doctor** if you are **worried**.

If you want, you can have a relative or friend with you.



A nurse will come to your bedside to take your blood.

They will ask you your name and date of birth.

Please let the nurse know if you are worried.



The nurse will place a **strap** around the top of your arm.

This will be tight, but it will not hurt.



The nurse will **clean** the area.



The nurse may ask you to **make a fist with your hand**.



The nurse will tell you when they are going to **take your blood**.

You will feel a quick scratch.

You can ask the nurse to numb your skin with a spray, so you do not feel the scratch.



After your blood has been taken, the nurse will check your arm.

They will **put cotton wool and tape over your wound.**



Your results will be given to your hospital doctor.

This doctor will talk to you about your test results.

Do you have any questions you would like to ask your doctor or nurse? If so, you can write them here.



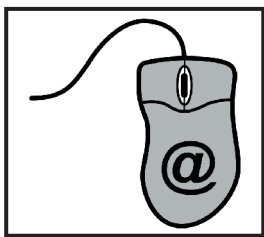


Our Patient Advice and Liaison Service (PALS) can help you.

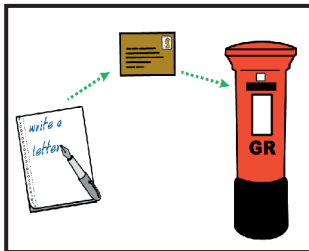
You can ask a question or tell them if you are unhappy about something.

- **Phone:** 01227 78 31 45

The team can phone you back.



- **Email:** ekh-tr.pals@nhs.net



- **Post:** Patient Advice and Liaison Service (PALS), Trust Offices
Kent and Canterbury Hospital
Ethlebert Road, Canterbury
CT1 3NG

**Created together with people with a communication need,
the experts by experience**

