

After my operation and going home

Information for patients



- After your operation you will be taken to a recovery room.
- Nurses will look after you.



- Once you are awake and feeling OK, you will be given food and drink.

Easy Read





- When you feel well enough, you can get dressed.
- Make sure you take all your things home with you.



- A nurse will give you a leaflet. The leaflet will tell you what you need to know before you can go home.

For example:

- What painkillers you will need to take.
- Who to call if you have any questions.
- How to look after your wound at home.

If you have any questions, please speak to the nurse.





- You must go home with a family member, carer or friend.
- Someone must stay with you for the rest of the day and overnight.



- Rest for the first two days.
- It's normal to feel very tired after your operation.
- Ask family and carers to help when you are back home.



- Follow any advice that the hospital gives you.
- If you have any questions, please phone the hospital.



- If you feel unwell or start feeling hot and sweaty, call the hospital.
- Talk to a member of staff. They are there to help you.

phone



Day Surgery phone numbers

- Kent and Canterbury Hospital, Canterbury
Telephone: 01227 783114 (7am to 8pm)
- Queen Elizabeth the Queen Mother (QEQM) Hospital, Margate
Telephone: 01843 234499 (Monday to Friday 7am to 9pm)
Telephone: 07887 651162 (Monday to Friday 9pm to 7am) (Bank Holidays and weekends, 24 hours a day)
- William Harvey Hospital, Ashford
Telephone: 01233 616263 (24 hours a day, 7 days a week)



Our Patient Advice and Liaison Service (PALS) can help you.

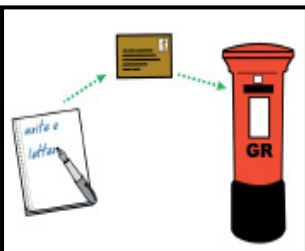
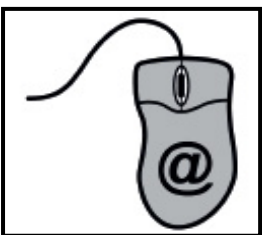
You can ask a question or tell them if you are unhappy about something.

- **Phone:** 01227 783145

The team can phone you back.

- **Email:** ekh-tr.pals@nhs.net

- **Post:** Patient Advice and Liaison Service (PALS), Trust Offices
Kent and Canterbury Hospital
Ethlebert Road, Canterbury
CT1 3NG



**Created together with people with a communication need,
the experts by experience**

